

ARMED FORCES MARATHON (Men and Women):

1. RULES OF THE TOURNAMENT: Current IAAF Marathon rules
2. COURSE: CISM/Olympic Distance; 26.2 Miles
3. WEIGHT CLASSES: Not applicable
4. SCORING: Winning team is decided by adding the raw times of the top three male and the top female from each team. The team with the lowest time wins.
5. TYPE OF BALL: Not applicable
6. DRAW: Not applicable
7. SCHEDULED WEIGH-INS AND PHYSICAL EXAMINATIONS: Not applicable
8. TIE BREAKER: Time of first non-scorer for each tied team. (Will be either fourth male or second female).
9. EQUIPMENT: Not applicable
10. SCHEDULE OF EVENTS:

Day One	Thur		Teams Arrive
Day Two	Fri	0930	Organizational Meeting
		1000	Packet Pick-up
		1030	Course Review
		1800	Ice Breaker
Day Three	Sat	0930	Team & Individual Photos
		1100	Participant Packet Pick-up and Number Issue
Day Four	Sun	0830	Competition Commences
		1200	Awards
Day Five	Mon		Teams Depart

11. TEAM STANDINGS: See #4

12. AWARDS:

Individual Awards: First, second and third place finishers for both men and women receive medals.

Team Awards: Team standings are for recognition only, no team trophy is presented.

13. TEAM COMPOSITION FOR ARMED FORCES: Team competition will not exceed:

5	Men
3	Women
<u>1</u>	OIC
9	Total

14. TEAM COMPOSITION FOR CISM: Not applicable